

Brilliant books to share at your Big Lunch and beyond...

Go All In, build connections, celebrate differences, and wonder together how the characters feel.

Scan for books



A gentle story about making connections and mapping a better world
Templar



A laugh-out-loud tale of food, friendship, and cultural pride
Puffin



A delightfully funny story about finding connection close to home
Hodder



A joyful and reassuring rhyming story about finding your community
Orchard



A heartwarming tale of making new friends
Little Tiger



A glorious celebration of the power of nature to bring communities together
Puffin



A deeply moving story about connection through memories
Walker

Empathy Exchange

Connect with someone you don't know well and get to know them better. These questions have been designed to spark empathy-filled conversations. Take turns asking in pairs. Try to really LISTEN to their answers.



When you're having a difficult day, what can other people do to help you?

What book cheers you up?

What qualities do you value most in a good friend?

What's your favourite animal and why?

What makes you, you?

If you could be a book character for a day, who would it be?

What's the biggest challenge you've overcome?

Many thanks to the pupils of Hallam Fields Junior School, Carrick Academy, The High School of Glasgow, Moorlands Primary & Kirk Hallam Community Academy for their contributions.

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How do you show your feelings?

Who is the most inspirational person in your life?

What is a TV show, book, film or song that makes you happy?

Where and when do you feel most comfortable?

What have you achieved that you're proud of?

What makes a good life?

Would you want to be happy all the time?

If I told you that your biggest fear is behind that door...
what do you think is behind that door?

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Empathy Exchange

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Which artist, writer or musician do you connect with?

Which TV show makes you happy?

What fictional character reminds you of someone you know?

When you're having a difficult day, what can other people do to help you?

What makes you, you?

Tell me a time you felt misunderstood

Tell me a time someone showed you kindness that made a difference

Where and when do you feel most comfortable?

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Empathy Exchange

Connect with someone you don't know well and get to know them better. These questions have been designed to spark empathy-filled conversations. Take turns asking in pairs. Try to really LISTEN to their answers.



If you could be a book character for 24 hours, who would it be?

What have you achieved that you're proud of?

What makes a good life?

Would you want to be happy all the time?

What qualities do you value most in a good friend?

Which fictional world would you like to live in?

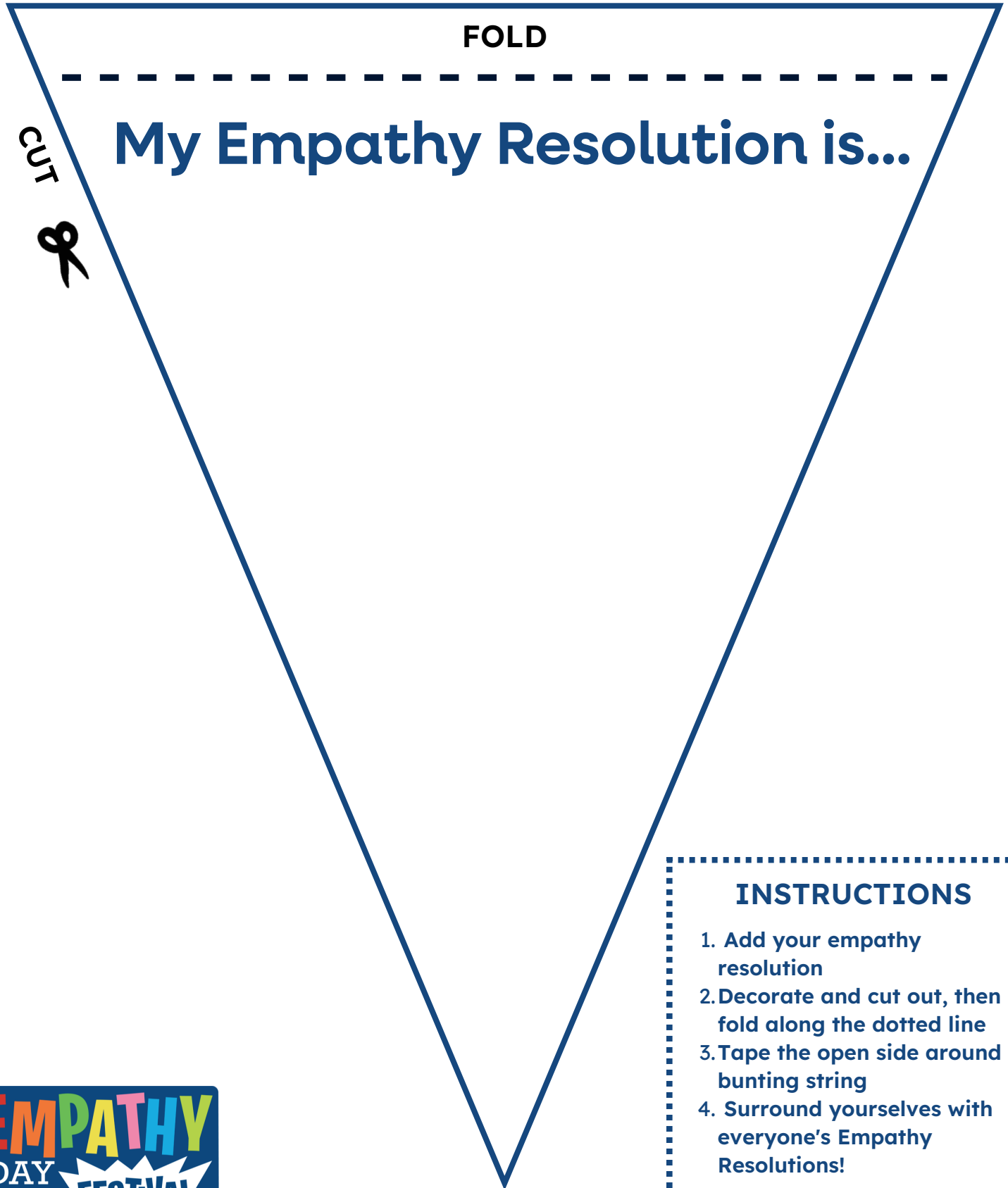
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Make your own Empathy Resolution bunting

Use our bunting to decorate your space with Empathy Resolutions!

An Empathy Resolution is an action YOU can take - however small - to make things better for others. What will you promise to do?



INSTRUCTIONS

1. Add your empathy resolution
2. Decorate and cut out, then fold along the dotted line
3. Tape the open side around bunting string
4. Surround yourselves with everyone's Empathy Resolutions!

